

Men's Service Team - Mission and Purpose Statement

A Sub-Committee of the Outreach Committee of the VIRTUAL INTERGROUP OF OVEREATERS ANONYMOUS

We live by Tradition Five: Each group has but one primary purpose-to carry its message to the compulsive overeater who still suffers. What's the message? There is a solution that frees us from the desire to over or under eat or abuse food in any self-destructive way. Everything we do at Meetings, Intergroups, Regions or World Service should be relevant to this 12 Step Solution. Our Mission and Purpose is to help those in our rooms and those still suffering in the general population. If we don't do this individually and as a Group, Region or World Service we all lose.

With men comprising approx. 13% of the membership of OA, from both studies of OA in 2010 and 2017 by the WSO, we are committed to "Carry the Message" to men inside and outside of OA. This message is consistent with WSO's 2019 Strategic Goal of "Growing OA Worldwide".

Some of our Specific Goals

1. Increase the percentage of men in OA.
2. Provide additional resources to enhance the recovery of men in OA.
3. Inform men and women outside of OA that OA exists and that both men and women are welcome.
4. Increase the number of men sponsors in OA and maintain a Men's Sponsorship List.
5. Provide women in OA with outreach materials to give to new and existing men in OA.
6. Distribute our resources around the world, especially our men's Business cards, which includes our helpline (347) 201-0914 & our web site, www.oamen.org.

Accomplishments

1. Updated our Mission and Purpose Statement.
2. Continue to expand our Men's Service Team and Advocacy Group which consists of men and women.
3. Workshops conducted - completed two (2) 15-week telephone Step Studies for men in 2019, with more planned in 2020. Completed two Sponsorship Workshops, with more planned in 2020. Completed a Prayer & Meditation Workshop sponsored by the Virtual IG of OA with over 70 men & women.
4. Expanded the resources available to men & women on the oamen.org web site including, our Mission & Purpose Statement, our Flyer in English & Spanish, accessibility of men speakers at OA meetings, and podcasts of men's speakers from "A Vision 4 You".
5. Service - we have a co-representatives of the Tuesday night Men's Focus meeting on the Virtual IG of Overeaters Anonymous. We have 3 men on the Subcommittee of the Outreach Committee of that IG. We have a delegate from that IG to the Virtual Region. We also have four men on the Workshop and Outreach Committee at the Virtual Region. We have a man who recently stepped up to be Vice Chair of the Virtual IG of OA. We have two men on the PIPO Committee at the WSBC and one on the 12th Step Within Committee.
6. At the 2019 WSBC, we distributed to men and women, the Men's Mission/Purpose Statement, Men's Flyer, and an OA men's business card.
7. We have launched a new Men's OA Helpline (347) 201-0914 which may be used Worldwide.

Work in Progress

1. The Tuesday night Men's Focus meeting has a Google Group of 377 men and an Outreach List of 310 men including 50 men who are willing to be sponsors. To join the GG, send an email to Tuesday@oamen.org. You do not have to participate in the Tuesday night meeting to join those groups.
2. Expanding the Men's Service Team with men from the western part of the US and other countries.
3. Continue to expand the information available to men and women on our oamen.org web site.
4. Use the new Men's OA Helpline line to support men in and out of OA.
5. During these challenging times we continue to assist and help our OA meetings to adapt to virtual meetings using various means, such as, Zoom, Skype, Telephone and Hybrid meetings.

Men's Service Team

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